



## Team competition of the PARALYMPIC CUP „KĀPA '2011” and Trail-O championship of Latvia

### 1. Aims and tasks

Competition is held on purpose to popularize Trail Orienteering, to raise the number of participants, to raise the rivalry in this style of orienteering, to stimulate participants to improve their skills, to find the best sportsmen in Paralympics and open classes.

### 2. Time, place and programme

The competition is held in 1st – 3rd of July in Smiltene  
Competition center Smiltenes Centra vidusskola (secondary school), Dārza Street 17

30.06.11.	18:00-21:00	Registration (Competition center)
	19:00-21:00	Model
01.07.11.	10:00-13:00	Registration (Competition center)
	15:00	1st day start
	21:00	Opening ceremony “Kalbakas”
	23:00	Night course start
02.07.11.	13:00	2nd day start “Klievezers”
	21:00	Concert and dance “Kalbakas”
03.07.11.	9:00-12:00	Start TempO
	15:00	Price giving ceremony “Kalbakas”

### 3. Organization

Competition is organized by OK Kāpa, society TACIŅA and OK Liedags Event Director  
General Judge - Zita Rukšāne, mapper and course planner – Atis Rukšāns, Event Controller  
Jānis Bergs

### 4. Participants

Competition is open. Anyone who wants can take part in Elite and beginners groups.  
PE – elite group for disabled people.  
AE – elite group, where can start everyone who wants.  
PB, AB – beginners groups.

## 5. Price giving

The winners and are awarded with diplomas.

The best teams of countries and Latvian clubs are awarded with cups.

## 6. Applications and participation fee

Preliminary entries must be sent until 15th of June to e-mail [ruksanez@inbox.lv](mailto:ruksanez@inbox.lv)

All competitors must pay start fee of 15,00Ls, one course start – 4,00Ls.

For O-runners of Foot'O competition Kāpa'2011 all competition – 7,00Ls, one course start – 2,00Ls.

Start fee is paid on the day of competition, in registration office or by transfer to account of society TACIŅA

	<b>Biedrība "TACIŅA"</b>
<b>ID.Nr.</b>	<b>40008177838</b>
<b>Address</b>	<b>„Birzes”-3, Sējas novads, LV-2142</b>
<b>Bank</b>	<b>SEB banka</b>
<b>code</b>	<b>UNLALV2X</b>
<b>account</b>	<b>LV46UNLA0050017071829</b>

Information about accommodation [www.smiltene.lv](http://www.smiltene.lv)

## Competition center

