

**“Kapa” Winter Sprint
In Saulkrasti 16.01.2016**

Regulations

ORGANIZERS:

OK „Kapa” in cooperation with LOF and Saulkrasti Culture and Sports centre .

Competition director: Indulis Peilans

Distance: Indulis Peilans, Paulis Briconoks

Rezultāti- Kārlis Osis Results: Karlis Osis

LAIKS un VIETA TIME and PLACE, 16th of January, in Saulkrasti, Liepu street (marking from Murjanu- Ainazu street)

Registration from 10.30

Start: 12.00

PARTICIPATING GROUPS

S 14, V14, S 21, V21 , S40, V40, S60, V60

Distance parameters approximately like a Sprint distance (might be little bit longer)

TERRAIN and MAPS

Coastal dunes

Map scale 1:5000

PUNCHING

Punching to all groups with SportIdent

Personal SportIdent numbers must be indicated in application, chip rent for one day EUR 1,00

ENTRY FEE

young people EUR 3,00

adults EUR 7,00

Pensioners EUR 5,00

Settlement account details:

OK “Kāpa”

Carnikava LV – 2163, Jūras iela 5-8,

Latvija

Reg. Nr 40008021994

Swedbank AS

Account Nr. LV93HABA0551032772606

SWIFT HABALV22

ENTRIES

Entry deadline till 14th of January, 2016

AWARDS CEREMONY

1st – 3rd place in each group

Contacts: indulis@kapaok.lv, +37129494087