

Orienteering competition in middle distance  
“ Ziemeļu divdienas 2017”  
Latvian cup – stage 2  
Latvian cup MTBO stage 1 and  
**Bulletin**

**I. Aim and tasks**

Promote development of orienteering sport among citizens of Latvia.  
Find out the best orienteers in each age class.

**II. Organizers**

Competition is organized by orienteering club „Kāpa” and Latvian orienteering federation, in collaboration with Ādažu and Carnikavas municipality.

Event director: Ainārs Lupiķis, [ainars.lupikis@inbox.lv](mailto:ainars.lupikis@inbox.lv), Paulis Bričonoks (MTBO), [paulis.os@inbox.lv](mailto:paulis.os@inbox.lv)

Results and registration: Kārlis Osis [lvkaos@inbox.lv](mailto:lvkaos@inbox.lv)

Course setters: I. Peilāns, P.Bričonoks, E.Bričonoks ( MTBO)

Competition inspector: Edmunds Zvaigzne.

**III. Event centre and dates**

Competition takes place on 15. – 16. april 2017.

15.04. Military polygon in Ādaži municipality, near Kadaga. [See the map](#)

9:30 – Beginning of registration

11:00 Start (Foot orienteering)

13:00 Start (MTBO)

16.04. Carnikava municipality, near Garciems. [See the map](#)

10:00 Start (Foot orienteering)

12:00 Start (MTBO)

**IV. Classes**

Classes:

SV - 8\*, 10\* (marked route),

SV - 12, 14, 16, 18, 20,

SV - 21E, 21A, 21B, 35, 40,

SV - 45, 50, 55, 60, 65, 70, 75, 80, OPEN1, OPEN2

MTBO: SV- 16,21,40,50, OPEN (beginners)

Map scale:

1:7500

1:10000

1:10000

1:7500

1:15000

**V. Registration**

There are two dates for registration. Early registration until 3rd April and late registration until april 11th in: [www.kapaok.lv](http://www.kapaok.lv).

Startlist will be published in [www.kapaok.lv](http://www.kapaok.lv) from april 13th.

**VI. Participation fee**

(V – men S - woman)	Registration until 3 <sup>rd</sup> April	Registration until 11 <sup>th</sup> April
S,V - 8, 10	<b>4 EUR</b> (3 EUR for 1 day)	<b>6 EUR</b> (4 EUR for 1 day)
S,V-12, 14	<b>8 EUR</b> (5 EUR for 1 day)	<b>10 EUR</b> (5 EUR for 1 day)
S,V- 16-20, 60-80	<b>12 EUR</b> (7 EUR for 1 day)	<b>14 EUR</b> (8 EUR for 1 day)
S,V- 21A-55, Open	<b>18 EUR</b> (10 EUR for 1 day)	<b>20 EUR</b> (12 EUR for 1 day)
S,V 21E	<b>20 EUR</b> (12 EUR for 1 day)	<b>24 EUR</b> (14 EUR for 1 day)
MTBO SV - 16, OPEN	<b>10 EUR</b> (6 EUR for 1 day)	<b>12 EUR</b> (7 EUR for 1 day)
MTBO SV - 21, 40, 50	<b>20 EUR</b> (12 EUR for 1 day)	<b>24 EUR</b> (14 EUR for 1 day)

Rent of SportIdent 1,00 EUR for day

Parking in 2<sup>nd</sup> day – 2 EUR

## **VII. Programme and terrain**

Starting order by draw.

15.04.

- Foot orienteering – middle course, MTBO – long course
- Fast terrain with many detailed features. Part of the terrain is open, sandy area and other is pine forest. Area is used for military trainings.
- Map scale 1:10 000 and 1:7 500 (MTBO - 1:15 000), contours - 2,5 m. Author of map - P.Bričonoks.

16.04.

- Foot orienteering – middle course, MTBO – middle course
- Terrain for Foot-O is very fast and technical pine forest with detailed relief. Map scales 1:10 000 and 1:7 500, contours - 2,5 m. Author of map - I.Peilāns.
- MTBO will take place in other map. Author of map - L.Malankovs, adjusted for MTBO by M.Lasmanis and E.Bričonoks.

## **VIII.Evaluation**

Overall result consists of results of both days.

## **IX. Prizes**

First three places will be awarded with medals and prizes in youth classes and with prizes in other groups.

Money prizes for winners of V21E and S21E in foot orienteering. Money prize depends on number of participants on both days. If less than 5 participants – 50 EUR for first place. If 5 – 10 participants, 100 EUR for 1. place. If more than 10 participants, 100 EUR for 1.place and 50 EUR for 2. place.

## **X. Payment**

Payment can be done in competition centre and by bank transfer.

Biedrība „Orientēšanās klubs „Kāpa”  
Reģ. Nr 40008021994  
O.Vācieša 24-7, Carnikava, LV – 2163  
AS Swedbank, kods HABALV22  
LV93HABA0551032772606

## **X. Other rules**

All participants are responsible for their health condition and rules of safety.

Medical staff will be provided at the competition centre. Drinking water will be provided at the finish.