

## **Orienteering training and competition programme for Easter 2017 in Latvia offered by orienteering club "Kāpa"**

Orienteering club "Kāpa" offers an opportunity for trainings and competition in Easter 2017 in Latvia. In total 7 different courses are provided, 4 of them are part of Latvian cup and 3 trainings additionally. Fast and technical terrain in snow-free conditions.

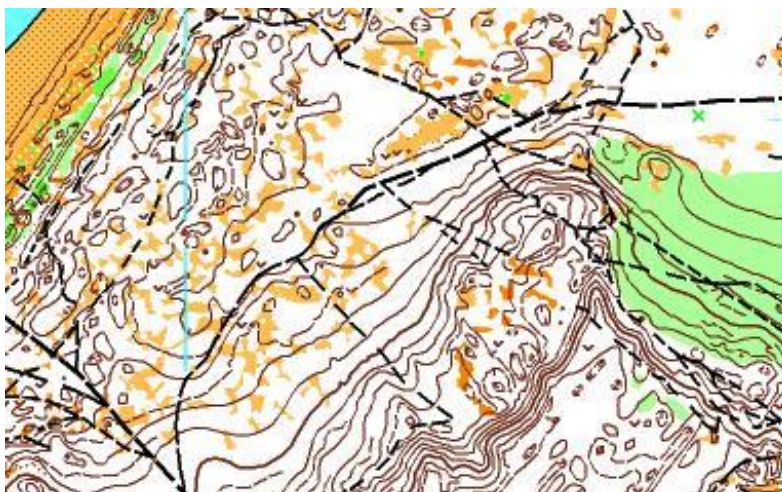
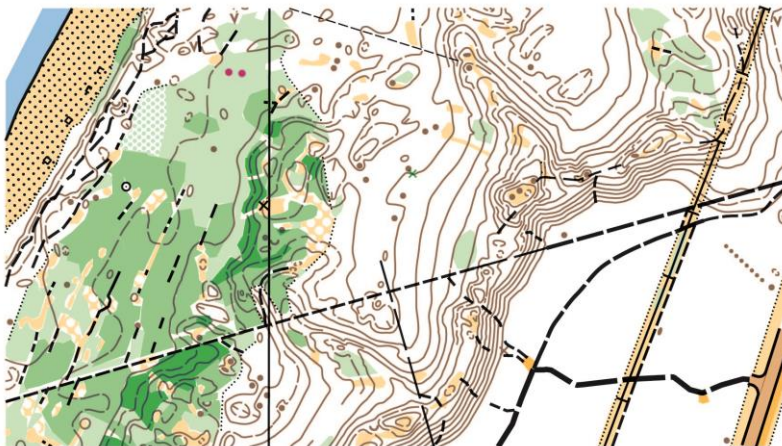
Contact [ainars.lupikis@inbox.lv](mailto:ainars.lupikis@inbox.lv) or Ainars Lupikis in [facebook.com](https://www.facebook.com) for more info

### **Friday, April 14**

**Training courses available in two different areas** (with marked control points, without electronic punching)

- 1<sup>st</sup> map "Ķirezers-Bādciems" ([start at Saulkrasti bypass](#))
- 2<sup>nd</sup> map "Carnikava" (Start in Carnikava, Jūras street (over the canal))
- The price for is 3 Eur each map
- Prior registration via e-mail [ainars.lupikis@inbox.lv](mailto:ainars.lupikis@inbox.lv) required

Map samples from terrain (1<sup>st</sup> and 2<sup>nd</sup> map):

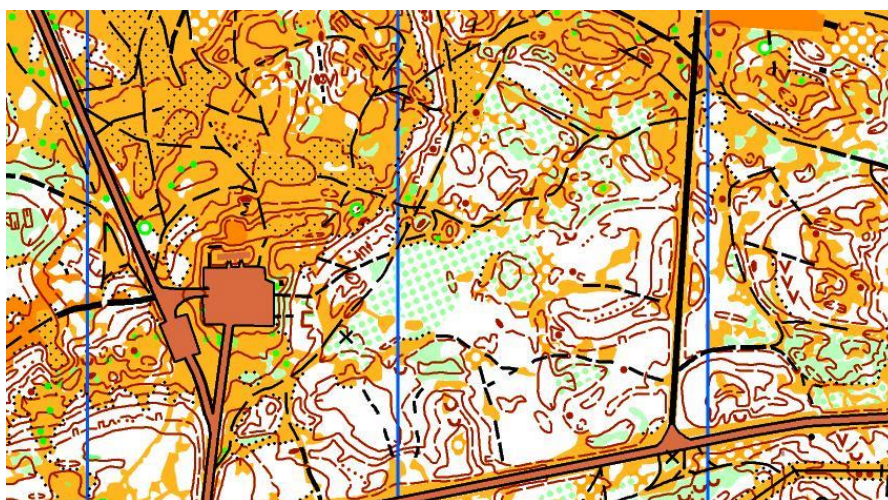


## Saturday, April 15

**Day 1 of a two day competition "Ziemeļu divdienas"** (stage of Latvian Orienteering Cup)

- 11.00 middle course in military training area French Barrow, Ādaži Municipality
- More info about event will be [here](#)

### Location



Map example from terrain:

- 18.00 sprint course (stage of Latvian Orienteering Cup) in Zvejniekciems
- More info about event will be [here](#)

### Location

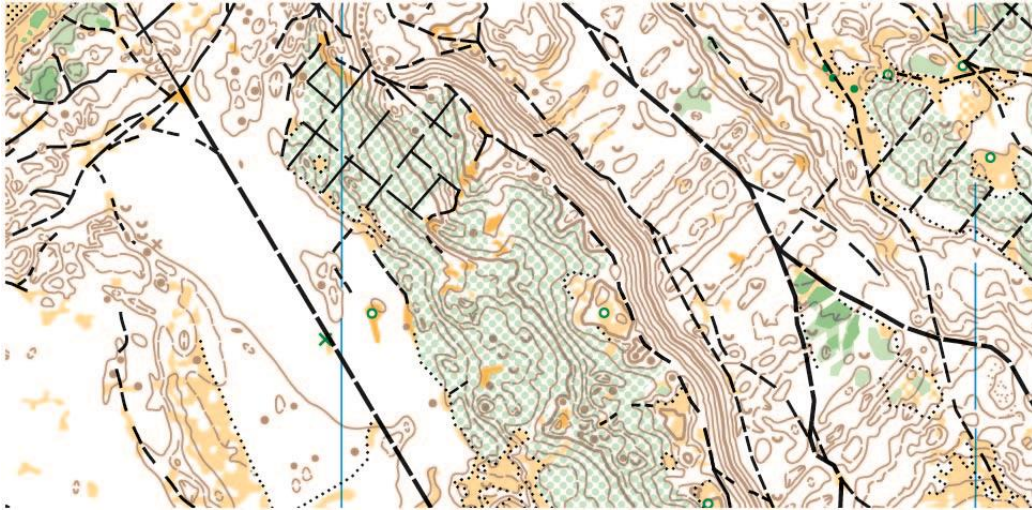
## Sunday, April 16

**Day 2 of a two day competition "Ziemeļu divdienas"** (stage of Latvian Orienteering Cup)

- 11.00 middle course in Garciems, Carnikava municipality
- More info about event will be here

### Location

Map example from terrain:



### **Monday, April 17**

- **Easter Sprint in Riga** (organised by orienteering club "Mona")
- More info here

[Location](#)